

Friday 21<sup>st</sup> April 2023 – 13:30 - 15:30  
Friday 26<sup>th</sup> May 2023 – 14:00 - 16:00  
Monday 19<sup>th</sup> June 2023 – 13:00 - 15:00  
Wednesday 19<sup>th</sup> July 2023 – 13:00 - 15:00  
Tuesday 22<sup>nd</sup> August 2023 – 12:00 - 14:00  
Thursday 14<sup>th</sup> September 2023 – 09:00 - 11:00  
Wednesday 18<sup>th</sup> October 2023 – 13:00 - 15:00  
Tuesday 21<sup>st</sup> November 2023 – 14:00 - 16:00  
Thursday 14<sup>th</sup> December 2023 – 13:00 - 15:00  
Wednesday 17<sup>th</sup> January 2024 – 09:00 - 11:00  
Monday 12<sup>th</sup> February 2024 – 14:00 - 16:00  
Friday 15<sup>th</sup> March 2024 – 11:00 - 13:00  
Thursday 18<sup>th</sup> March 2024 – 15:00 - 17:00  
Tuesday 14<sup>th</sup> May 2024 – 10:00 - 12:00  
Wednesday 19<sup>th</sup> June 2024 – 09:00 - 11:00